

First Semester

LIFE MANAGEMENT SKILLS

Mandatory Live Sessions:

Weeks of October 5,
November 16, January 11

Content Live Sessions:

**Weeks of November 2 and
January 18th**

*Live sessions are group meetings on Zoom (NOT Skype). You will receive an email with your assigned date/time. The date on Cosmos is a *reminder* that you have a live session that week. It is NOT the date you should attend.

Progress Reports:

Weeks of November 9,
January 4, February 1

Contact Information:

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Office Hours:

Monday & Wednesdays: 4:30-
7:30 PM
Fridays: 5:30-8:30 PM
Tuesday and Thursday:
Available by appointment.

PACING GUIDE

Due Date	Assignment
Oct 9	Mandatory Live Session #1 Assignment
Oct 11	Pre-Test (1.01)
Oct 18	1.05
Oct 25	1.08
Nov 1	1.11, 1.14
Nov 8	2.03
Nov 15	2.07
Nov 20	Mandatory Live Session #2 Assignment
Nov 22	2.10, 2.12
Nov 29	3.02
Dec 6	3.05
Dec 13	3.09
Dec 20	3.11
Dec 27	4.03
Jan 3	4.07
Jan 10	4.10
Jan 15	Mandatory Live Session #3 Assignment
Jan 17	4.13
Jan 24	Mid-term (4.15), Course Evaluation

